



**MINUTES OF THE ANNUAL GENERAL MEETING OF THE
SCOTTISH HYPNOTHERAPY FOUNDATION (SHF) HELD
AT BROOMHALL CASTLE, MENSTRIE, ON THE 22ND
SEPTEMBER 2018.**

Present:

Existing Board:

Mo Ferrington (Chair)

Martin Armstrong-Prior (Vice Chair/Treasurer)

Marion Robb (Secretary)

Alison Bruce (Conference Director)

Dr. Fiona McLeod (Medical Advisor/Research Director)

New Board:

Mo Ferrington (Chair)

Martin Armstrong-Prior (Vice Chair/Treasurer)

Marion Robb (Secretary)

Alison Bruce (Conference Director)

Dr. Kathleen Skinner (Medical Advisor/Research Director)

Valerie Walker (Treasurer)

Director (Susan Watson)

Apologies Received: Rogan Grant (Charity Promotion Director)

Members Attending:

John Lawrence

Mandy Gahan

Carole Cassidy

Liz McConnell

Jane Clark

Irene Munro

June Youngson

Renee McBride

Marie Rodger

David Bathgate

Amanda Trainer

Slavka Craig

Andrea Moffat

Heather Hutchison

Dr. Geoff Ibbotson (Associate/Non Voting)

Item 1: Chair's Report

Mo Ferrington reported that whilst acknowledging that it had been a challenging year in some respects, professional membership numbers had increased by nearly a third, social media followers and engagement numbers were soaring, with fundraising

continuing to see increases in revenue. The attendance at the AGM, in particular, was increasing year on year.

The Chair thanked all Board Members who had contributed to the activities of the SHF throughout 2017/18 for all their excellent work, and in particular Dr. McLeod who was retiring from her Board after many years. A presentation on behalf of the Board was made to Dr. McLeod in gratitude for her substantial contribution to the SHF over the years.

Item 2: Treasurer's Report

The Treasurer reported that due to difficult personal circumstances, the Treasurer's Report was delayed, and once available would be circulated to members. The Treasurer verbally reported the SHF was in surplus. As no report was tabled, this therefore will be ratified at a later point.

Item 3: Trustee Appointments

Three Proxy forms for voting had been received and respective absent members' votes stood as per their Proxy's vote. Proxy holders were Martin Armstrong-Prior, Marion Robb and Heather Hutchison.

a. Ratification of Appointments (Carried)

- i. Secretary – Marion Robb
- ii. Medical Advisor/Research Director – Dr. Kathleen Skinner
- iii. Charity Promotion Director – Rogan Grant
- iv. Treasurer – Valerie Walker
- v. Director – Susan Watson

b. Re-election of Current Trustees (Carried)

- i. Chair – Mo Ferrington
- ii. Vice-Chair – Martin Armstrong-Prior
- iii. Conference Director – Alison Bruce

Item 4: Constitutional Amendments

a. Website (Carried)

The minor amendment updated Clause 14 to indicate that people wishing to become a member must complete an online application form, with the application being considered by the Board at its next Board Meeting.

Item 5: Charitable Status/Activities

The Chair and Conference Director emphasised the need to continue and expand charitable activities and fundraising events. All members were asked to routinely note the pro-bono and discounted work they do, and to consider fundraising activities they wished the Board to consider, and to forward these ideas to The Secretary.

Item 6: Any Other Business

No other business was noted.

The date of the next Annual General Meeting will be confirmed in due course.

I CERTIFY THAT THIS IS A TRUE RECORD OF THE MEETING:

Signature:

**Chair:
(Mo Ferrington)**

Date: